

## SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

### *Minutes 9/13/22*

In Attendance: Kelsie Bednarz, Ashley Burts, Chris Conway, Wendy Duemmler, Kasha Giddins, Denise Lamar, Amy Little, Dan McCloskey, Jarrod McCraw, Colon Moore, Wendy Nielsen, Lucinda Ourant, Christine Skrutowski, Dylan Stamey, Stephanie Starr, Susannah Stone-Gill, Charlee Williams.

#### Business:

- 4:00 pm- meeting opened on 9-14-22.
- Minutes from 5-10-22 were approved.
- Introductions- Kelcey Griffin- 10<sup>th</sup> grade CATA student; Colon Moore- Ass't Superintendent Administration and Operations; Tami Huber- Marvin Ridge High nurse; Amy Little- Wolfe School nurse; Charlee Williams- Wingate Elementary nurse
- Kim Preston, our SHAC parent, is stepping down. A parent will be needed for the committee. Suggestions should be sent to Lucinda Ourant as soon as possible.
- Current diagram of the student support team was shared. Kasha Giddins, Director of Student Support, clarified that psychologists work in the EC department but are part of the UCPS Support Team. The team is having bi-weekly lead meetings to see how best they can serve the needs of our schools. Goal is to close the gaps of mental health services in our county. Kasha has met with the Department of Health and together they are working towards community collaboration to address the needs. Teletherapy is being implemented.
- Wendy Nielsen, School Nurse Supervisor, shared that the school nurse focus has been to re-establish being an active part of the Student Support Team post-COVID. Nurses are embracing the role of being part of the student support team while focusing on the Whole Child and identifying students with health issues that have potential to impact academic engagement.
- Chris Conway, College Readiness and Humanities Coordinator, and Stephanie Starr, Director of Community Support and Outreach, are working on a community collaborative to address tobacco and vaping education. They are hopeful to schedule speaker Luka Kinard to talk to middle school aged students regarding his journey. Stanford University is offering a new vaping curriculum that is going through the approval process to become part of UCPS's health education curriculum. Parent education webinars are being organized regarding vaping as well as other topics such as opioid, fentanyl, and alcohol use. The goal for school curriculum education is for it to be consistent in each school throughout the county, and that discipline for being caught in school vaping includes resources and programs to help the student quit. Plans are in place for collaboration between Union County Support & Outreach resources and UCPS Student Support with the planned Parent Education Series for 2022-23, particularly the session on Vaping.
- Kelsie Bednarz, Dietician, submitted the Triennial assessment in June 2022. Results are on the UCPS and School Nutrition websites. The BOE Student Wellness Policy will be reviewed by Child Nutrition and update needs submitted for revision based on assessment findings.
- Lucinda Ourant, School Nurse Supervisor- Discussion of goals for the 22-23 school year.  
Goal 1- Continue with work on vaping and tobacco education

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Goal 2- Mental health goals to increase MHT's, SW's, and initiate teletherapy, threat assessments, SIP

Goal 3- Wellness Policy Updates, focusing on Child Nutrition needs

- Meeting adjourned at 4:55 pm.

**Next Meeting December 13, 2022 at PDC Room 220**